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Péarla na Mara café-restaurant celebrates two years in business

In July 2011, Péarla na Mara, a cosy café-restaurant in Oranmore village, opened its door for its first customers. Today, two years later, this popular spot is thriving, earns more and more happy customers every month and has been recognised by several industry awards, including a recommendation in Georgina Campbell guide and a TripAdvisor® Certificate of Excellence 2013.

Péarla na Mara serves breakfast, lunch and dinner, and the menu is Irish-inspired with a strong Mediterranean emphasis. Breakfast menu comprises Irish fry in various combination, including their own interpretation of eggs Benedict, omelettes and porridge.

Lunch menu features a large selection of small snacks, salads, pastas, panini, fish and meat dishes, with some great offers, like the most popular combo, where for a price of €9.95 you get a soup, a pasta dish and a cup of tea or coffee. Dinner menu is full of Irish staples, be it poultry, steaks, lamb chops, various seafood, and also a selection of pizza and pasta dishes.

"The concept of our cuisine is simple" – says the owner and head chef Kamel Ourdache – "to showcase the best of western foodstuffs without overcomplicating the cooking! Fresh, unpretentious, wholesome food cooked from scratch to order



using finest, locally sourced ingredients and simple seasoning.

"As seafood features a lot in our signature dishes, we are trying to promote less known local species in our menu to raise awareness among customers about such delicious fish as grey mullet, blue ling or greater forkbeard. I have my own herb garden on restaurant grounds and I use fresh herbs in abundance. That's the Mediterranean accent in our food – audacious use of fresh herbs."

"We opened our premises in the middle of very difficult times and we had to find a winning, recession-proof formula" – adds Justyna Kocjan, co-owner. "We believe that anyone will find something appealing and

something their pocket can stand. Among others, the BYOB concept has proved very popular.

"Also, we have been widely acclaimed for filtering our water on-site and serving it in our reusable branded bottles – this way we are substantially reducing our carbon footprint and our customers can enjoy unlimited amount of exceptionally tasty still or sparkling water for just €1 per table.

"We are constantly looking for ways to offer great food at very competitive prices in a casual, relaxing environment."

The restaurant, extremely popular among families, is a very child-friendly establishment, equipped with high chairs, baby changing facilities,

toys and games, and serving special kids' menu for €5.00, prepared from fresh ingredients, soft drink included.

Customers may avail of free parking spaces located in the underground car park of Howley Square. Free WiFi is also available.

Péarla na Mara, Unit 10, Howley Square, Oranmore. Phone: 091 483 900

www.pearlanamara.ie. Like it at www.facebook.com/pearlanamara

Opening hours: Monday to Saturday 8am – 11pm. Sunday/Bank Holiday 10am – 11pm

The restaurant is located next door to the Oranmore Bank of Ireland (across from Byrnes Tyres).

Stylish accommodation and entertainment at Cartron House



Cartron House is a Georgian house built in 1770, set in the idyllic countryside setting of Ballinakill. In 1994 Cartron House opened as a guesthouse, B&B and it also has refurbished cottages for self catering holidays.

It now offers the newly refurbished function hall at Cartron House, 'The Shed', for all private parties and events. The Shed offers a private and secluded venue for your event eg. engagement, hen, wedding, christening or coming of age. facilities includes a bar, pool table, karaoke machine, large seating area, stage area and dance floor which can also be converted to a dining area. Along with beautiful landscaped gardens there is a bandstand and traditional outdoor pizza oven to contribute towards a unique and entertaining event.

Other popular entertainment packages include the murder mystery, go-karting, paintballing, walking, fishing, horse riding and pamper weekends. A complimentary mini bus service is offered to groups. If live music isn't to your taste, then have a go on Cartron's karaoke machine

Cartron House offers dinner, bed and breakfast facilities and self catering cottages. So no need to drive home or arrange taxis after your party. You can simply stroll to a warm, clean bedroom and get a good night's sleep and wonderful home-cooked breakfast.

Cartron House, Ballinakill. Kylebrack, Loughrea, Co Galway

Look up www.cartronhouse.com. Tel 00353(0)909 745211 Mobile 00353(0)861089329

Discover Invisalign at Keenan Orthodontic Open Evening today

Invisalign is a technique used by orthodontists to straighten teeth without braces. It uses a series of invisible, removable, and comfortable aligners that no one can tell you are wearing. Invisalign aligners are made using 3D computer imaging technology.

Dr Peter Keenan is the most experienced Invisalign provider in the Galway and Mayo area and has been treating patients with the technique since 2005. Not everyone can be treated with Invisalign. Call them today on 091 500150 for a free consultation during the

Invisalign Open Evening at 41 Forster Street, Galway today Thursday July 11 from 6pm to 8.30 pm and see if you are suitable to have Invisalign create a beautiful smile.

On the evening, you can get €500 worth of discount on Invisalign treatment.

Why would I want Invisalign?

Since the aligners are removable, you can eat and drink whatever you want while in

treatment. Plus, brushing and flossing are no problem. They are also comfortable, with no metal to cause mouth irritation during treatment. No metal and wires usually means you spend less time in your doctor's office getting adjustments. Invisalign also allows you to view your own virtual treatment plan when you start so you can see how your straight teeth will look when your treatment is complete.

How does it work?

You wear each set of aligners for about two weeks, removing them only to eat, drink, brush,

and floss. As you replace each aligner with the next in the series, your teeth will move gradually until they have straightened to the final position your doctor has prescribed. You will visit the practice about once every six weeks to ensure that your treatment is progressing as planned. Total treatment time depends on the number of aligners worn during treatment and numbers will vary from patient to patient.

www.keenanorthodontics.com or 091-500150.